

Week Three:

Menu:

786/110

| Monday | Tuesday | Wednesday |
|--|---|--|
| <p>Lunch: Tuna with tomatoes sauce and pasta with vegetable.</p> <p>Pudding: Angle Delight with Biscuit.</p> | <p>Lunch: Oven bakes sausages and baked potatoes with vegetable.</p> <p>Pudding: Yoghurt.</p> | <p>Lunch: Fish & chips and peas.</p> <p>Pudding: Yoghurt.</p> |
| <p>Tea: Meat / Vegetable balls and tomatoes sauce with marsh.</p> <p>Pudding: Ice cream corner.</p> | <p>Tea: Chicken / Vegetable casserole with marsh.</p> <p>Pudding: Blackberry Pie.</p> | <p>Tea: Create own: sandwiches with salads and quiches.</p> <p>Pudding: Trifle.</p> |
| Thursday | Friday | |
| <p>Lunch: Spaghetti and tomato sauce with cheese.</p> <p>Pudding: Ice Cream.</p> | <p>Lunch: Cheese toasts with bake beans.</p> <p>Pudding: Cup cake.</p> | <p style="text-align: center;">Snacks</p> <p>Mid- morning: fresh fruit, apples bananas, pears pineapple, kiwi, mangos</p> <p>Afternoon: fresh fruit, apples bananas, pears pineapple, kiwi, mangos.</p> <p>Milk and water throughout the day</p> |
| <p>Tea: Pizza and chips with salads.</p> <p>Pudding: Angle delights.</p> | <p>Tea: Chicken legs with roast potatoes.</p> <p>Pudding: Fruit salads.</p> | |